A. M. D. G.

synopsis of Che Rubrics & Ceremonies of Bold Mass

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SYNOPSIS OF THE RUBRICS

CEREMONIES OF HOLY MASS

"Recepti et approbati Catholicae Ecclesiae ritus, qui in minimis etiam sine peccato negligi, omitti aut mutari haud possunt, peculiari studio ac diligentia serventur" (Roman Synod, 1725).

1. Preparation.

- 1. See that the Missal is properly marked.
- 2. Wash hands, saying prayer, Da, Domine, virtutem.
- 3. Before vesting, prepare Chalice—Opening of Burse to be turned towards priest.
- 4. Loave Ciborium, key of Tabernacle, etc., on altar. Nothing should be carried on top of Chalice.
- 5. When vesting, kiss cross on amice, maniple, and stole.
- Bow to Cross and take hely water when leaving sacristy, eyes cast down. If sacristy is behind altar, go out by Existle side and return by Gospel.

 If necessary to pass the High Altar or any altar where Blessed Sacrament is reserved, genuffect on one knee without uncovering head. If not carrying Chalice, head is uncovered.

 Passing Blessed Sacrament exposed, or during the Consecration, or giving of Communion, kneel down on both knees—Uncover head—Bow slightly --Put on biretta before rising from knees. When not carrying Chalice, head is uncovered at once if Blessed Sacrament is exposed, or Communion being given.

 Slight bow of head, without uncovering to Bishop or to any priest going to celebrate or returning—Give precedence to him who has celebrated.

 Arrived at altar, give biretta to server— Genuflect in plano, not on first step (profound bow to Cross if Blessed Sacrament is not reserved)—Right foot first, ascend steps.

11. Place Chalice towards Gospel side—Unfold Corporal fully—Place Chalice in centre.

12. Hands joined before breast, palm to palm, fingers extended straight together, slightly pointing upwards, right thumb over left—Walk slowly to Epistle corner—Open Missal.

Note.—The hands are kept joined in this manner during the whole of Mass, unless otherwise stated. V.

13. Return to centre—Slight bow to Cross— Turn round towards Epistle side— Descend steps—Hands joined, eyes lowered.

11. Beginning of Mass.

1. Hands joined—Genuflect on lowest step (profound reverence to Cross if Blessed Sacrament is not reserved).

In nomine Patris (clear tone of voice).

Left hand under breast, make sign of
cross.

3. Judica me Deus. -- Omitted in Dead Mass.

4. Gloria Patri.—Bow head only.

5. Adjutorium nostrum.—Sign of cross, left hand under breast.

6. Confileor.—Hands joined before breast— Bow profoundly till server has finished Miserentur.

7. At words vobis fratres and vos fratres no inclination to server, as at High Mass,

8. Mea culpa.—Left hand under breast—
Strike breast with fingers of right hand joined and extended (hand is not clenched).

9. Indulgentiam.—Left hand under breast—Sign of cross.

10. Deus tu conversus.—Moderate inclination of head and shoulders.

11 Oremus.—Stand erect—Extend hands, and rejoin without raising them.

III. The introit.

 Aufer a nobis (secretly). — Hands joined—Ascend steps, right foot first.

2. Oramus te, Domine.—Bowing moderately, place joined hands on edge of altar, so that tips of little fingers touch front edge.

3. Quorum reliquiæ.—Kiss altar in centre, not at side—Hands placed flat on

altar, outside Corporal.

4. Standing at Missal, make sign of cross, left hand under breast. (In Dead Mass sign of cross is made over book.)

5. Gloria Patri.—Turn slightly—Bow head

to Cross -Eyes not raised.

6. Kyrie Eleison.—At centre of altar, and not before reaching it.

IV. Gloria in Excelsis.

 Gloria.—Hands separated in straight line, raised to height of shoulders— At Deo joined again and head bowed— Eyes not raised to Cross.

2. Head (not shoulders) bowed at Adoramus Te, Gratias agimus, Jesu Christe (twice), Suscipe deprecationem.

3. Cum Sancto Spiritu.—Left hand under

breast—Sign of cross.

4. Amen.—Hands not rejoined, but placed flat on altar, outside Corporal—Kiss altar in centre.

5. Dominus robiscum.—Hands joined, turn round by Epistle side—Eyes east down—Extend to shoulders and rejoin hands in straight line without elevating them—turn back same way.

V. The Prayers.

1. Oremus.—Turn slightly and bow head to Cross, extending and rejoining hands. During the Prayers, hands held extended, so as not to exceed the height and width of the shoulders, palms facing each other, fingers joined, pointing upwards.

2. At Holy Name, head bowed to Cross.

At name of Saint of the day, or Blessed Virgin, or Pope, head bowed to Missal.

3. Per Dominum.—Hands joined and kept thus till Amen.

4. Jesum Christum.—Head bowed to Cross.
If prayer concludes with Qui vivis or
Qui tecum, hands not joined till in
unitate—No bow made to Cross.

NOTE.—The conclusion, Per Dominum, etc., is only used with the first and

last prayer.

VI. The Epistle.

 Palms of hands rest on Missal during the Epistle, or book may be held with both hands.

2. If genuflection has to be made, hands placed flat on altar.

3. Munda cor meum.—Standing at centre of altar, eyes raised for a moment to

Cross — Bow profoundly — Hands joined between breast and altar, but not touching altar.

4. In Dead Mass, Jube Domine and Dominus sit omitted.

VII. The Gospel.

1. Dominus robiscum.—Hands joined before breast—Missal placed with opening towards centre of altar.

2. Sequentia sancti Evangelii.—Left hand on Missal, make sign of cross with right thumb on book—Left hand under breast, sign of cross with right thumb on forehead, mouth, and breast, distributing words with actions.

3. Hands rejoined—Head bowed to the book at the name of Jesus, of Mary, or of Saint of the day.

4. Genuflection also made to Missal.

 Per evangelica dicta.—Missal raised with both hands—Kissed where signed in the beginning of Gospel.

VIII. Credo.

- 1. Hands extended, raised to height of shoulders and rejoined at breast—Head bowed to Cross without raising eyes.
- 2. Jesum Christum .- Bow head.
- 3. Et incarnatus.—Hands flat on altar, outside Corporal, genuflect.
- 4. Et homo factus est.—These words said with knee on ground—Head not bowed.
- 5. Simul adoratur.—Bow head.

 Et vitam venturi sæculi.—Said while making sign of cross—Left hand under breast.

 Amen.—Hands not rejoined, but placed flat on altar, outside Corporal—Kiss altar in centre—Dominus vobiseum as before.

IX. The Offertory.

1. Oremus.—Hands extended and rejoined in straight line—Head bowed to Cross.

2. Offertorium.—Prayer read with hands

ioined.

3. Veil folded, left outside Corporal on

Epistle side.

4. Left hand on altar—Place Chalice outside Corporal towards Epistle side—Pall upright against corner of Chart, or left on Veil—With right hand take Paten — Hold with both hands, thumbs and index-fingers round edge, others joined underneath—Raise over middle of Corporal, breast high.

5. Suscipe, sancte Pater (secretly).—Eyes raised to Cross, then fixed on Host.

- Prayer ended, lower Paten to about four inches from Corporal—Form sign of cross, each arm nine inches long— Incline Paten away from self so that Host may slip into front fold on Corporal.
- 7. Left hand on altar—Place Paten halfway under Corporal on Epistle side.

8. Hands joined, walk to Epistle corner— Take Chalice at knob with left hand— Wipe inside slightly with Purificator held in right—Hold end of Purificator with left thumb on knob—Pour wine into Chalice, nihil dicens.

9. Deus qui humanæ.—Sign of cross over

water (omitted in Dead Mass).

10. Per hujus aquæ.—Some drops of water added to wine (Chalice should not be

struck with spoon).

11. Jesus Christus.—Join hands—Bow head to Cross—While finishing prayer, wipe inside of Chalice with Purificator round index-finger of right hand.

12. Walk to centre—Hands joined holding Purificator—Place it over Paten

13. Left hand on altar, outside Corporal—Take Chalice by knob with right, thumb in front, fingers behind—Place left fingers under foot of Chalice—Raise so that top of Chalice may not be higher than eyes.

14 Offerimus tibi.—Eyes on Cross during the whole prayer—Make Cross with Chalice above second fold of Corporal (not over Host)—Place in centre of Corporal—Cover with Pall, keeping fingers of left hand on foot of Chalice.

Note.—When covering or uncovering the Chalice, the left-hand fingers are always placed on the base of the

Chalice to steady it.

15. In spiritu humilitatis.—Incline moder-

ately—Place joined hands on edge of altar so that tips of little fingers touch front edge.

16. Veni Sanctificator.—Standing upright, separate hands, raise to height of shoulders, rejoin, and lower again— Raise eyes to heaven, not to Cross.

17. Et Beneradic.—Sign of cross over both Chalice and Host—Left hand on altar, outside Corporal.

X. Lavabo.

 Lavabo inter innocentes.—Wash tips of forefingers and thumbs—Turn, facing altar, while finishing Psalm.

2. Left hand on altar when handing

lavabo cloth to server.

3. Gloria Patri.—Bow head to Cross— Eyes not raised (Gloria omitted in Dead Mass).

4. Hands joined, walk slowly to centre,

finishing Gloria.

5. Suscipe, sancta Trinitas.—Raise eyes to Cross—Moderately inclined—Hands joined, fingers touching edge of altar.

6. Hands flat on altar, outside Corporal-

Kiss centre.

7. Orate fratres (moderate tone of voice).—
Hands joined—Turn towards people
by Epistle side—Eyes cast down—
Extend and rejoin hands in straight
line without elevating them—Turn
back immediately by Gospel side,
finishing, secretly, Ut meum ac vestrum

sponse, Amen (in secret).

8. Hands extended, palms facing, read the Secrets—Oremus not said.

Amen (secretly) after first prayer only.

XI. The Preface.

1. Per omnia (clear tone of voice).—Hands flat on altar, outside Corporal.

2. Sursum corda.—Raise hands to height of shoulders, palms opposite each other, fingers joined and straight.

3. Gratias agamus.—Join hands in front of breast.

4. Deo nostro.—Raise eyes to Cross—Bow head.

5. Vere dignum.—Hands held extended during Preface.

6. Sanctus (lower tone of voice).—Join hands—Moderately inclined—Hands held before breast, not touching altar.

7. Benedictus.—Stand erect—Sign of cross—Left hand under breast.

8. Hosanna in excelsis.—Hands joined.

XII. The Canon.

Note.—When one hand is used to turn the pages of the Missal, the other is placed flat on the altar, outside the Corporal before the Consecration, on the Corporal afterwards.

1. Te igitur.—Hands joined before breast— Separate, elevate a little, and rejoin them—Raise eyes to Cross—Bow profoundly—Tips of little fingers touching outside edge of altar—Prayers said secretly.

 Petimus.—Hands flat on altar, outside Corporal—Kiss centre of altar—Rise and rejoin hands.

3. Hac + dona Hac + munera Hac + sanetaThree crosses over both
Chalice and Host—
Left hand on altar,
outside Corporal.

Note.—The sign of the cross should be made slowly, in straight lines of equal length and breadth (about nine inches each way).

4. In primis.—Hands not rejoined, but held extended, so as not to exceed height and width of shoulders, palms facing, fingers upright.

5. Papa nostro N.—Bow head to Missal.

6. Antistite nostro N.—Head not bowed.

XIII. Commemoration of Living.

 Memento, Domine.—Slowly raise and join hands, holding them near face, fingers pointing upwards.

2. Et omnium circumstantium. — Hands lowered and extended.

3. Communicantes.—Bow head to Missal at Maria, or name of Saint whose feast is commemorated.

Note.—If a statue of Our Blessed Lady is over the altar, the inclination at the name of Mary is made to it, and not towards the Missal,

4. Jesu Christi.—Bow head to Cross.

5. Per eumdem Christum.—Hands joined— Head not bowed.

XIV. Hanc Igitur.

1. Keeping right thumb crossed over left, open hands and hold them flat over the Chalice, so that tips of fingers will reach as far as middle of Pall, not resting on it.

2. Per Christum.—Rejoin hands and draw

back to breast.

3. Bene Adictam, adscrip Atam, ra I tam.— Left hand on altar, outside Corporal— Three crosses over both Chalice and Host.

4. Cory pus et Sany guis.—Lowering right hand slightly, make cross over Host only, then over Chalice only—Rejoin hands before breast.

5. Jesu Christi.—Bow head to Cross.

XV. Consecration of Host.

1. Qui Pridie.—Wipe thumbs and fore-

fingers slightly on Corporal.

2. Accepit panem.—Raise Host by pressing with left forefinger on its edge—Take Host with forefinger and thumb of right hand, holding it on opposite side with left thumb and forefinger—Other three fingers extended and joined behind—Hold in this manner about nine inches over Corporal.

3. Elevatis oculis.—Raise eyes to heaven, not to Cross—Lower eyes at once.

4. Tibi gratias agens.—Bow head slightly.

5. Bene-dixit.—Make sign of cross over Host with right hand, holding it between left thumb and forefinger— Hand not resting on altar.

6. Fregit deditque.—Hold Host, as before,

with both hands.

7. Ex hoc omnes.—Having finished these words, lean forward with elbows resting on front of altar, holding Host with both hands, not touching Corporal—Pronounce words of Consecration secretly.

" Hoc est enim Corpus Meum."

8. Holding Host between forefingers and thumbs, place hands on Corporal as far as the wrists—Slowly, with great reverence, genuflect to ground.

Note.—Many Rubricists say the head should be bowed slightly at the adoration of the Host and Chalice, but never during the other genu-

flections.

9. Stand erect—Raise Host with both hands, in straight line over Corporal, so that It may be seen by the people—Eyes on Host the whole time. Care should be taken that the Host be not held outside the limits of the Corporal.

 Without any perceptible pause, lower Host, still holding It with both hands— Place on Corporal—Genuflect slowly to ground.

NOTE.—Thumb and forefinger of both hands remain joined till the ablution

of fingers.

XVI. Consecration of Chalice.

1. Simili modo.—Left fingers on foot of Chalice—Remove Pall with right—Purify thumb and forefinger by rubbing together over Chalice.

2. Accipiens.—Take knob of Chalice with thumbs and index-fingers of both hands joined in front, the others behind it—Raise Chalice a little, and replace on Corporal—Arms not rest-

ing on altar.

3. In sanctas.—Hold Chalice till end of prayer.

4. Tibi gratias agens.—Bow head to consecrated Host.

 Bener-dixit.—Sign of cross over Chalice with right hand—Left still holding knob—Hold Chalice, as before, with both hands.

6. Ex eo omnes.—Rest elbows on altar—Hold Chalice with right hand at knob—Three last fingers of left under its foot—Raise Chalice a little so that hands will not touch the Corporal. Pronounce words of Consecration secretly.

" Hic est enim Calix."

7. Hæc quotiescumque.—Replace Chalice in centre of Corporal—Both hands flat on Corporal—Genuflect slowly and

reverently to ground.

8. On rising, take Chalice by the knob with right hand—Left fingers supporting foot—Raise in straight line over Corporal, so as to be seen by people—Without any notable pause, replace on altar—Eyes all the time fixed on Chalice.

9. Cover with Pall—Last three fingers of left hand on foot of Chalice—Genu-

flect slowly to ground.

XVII. After the Consecration.

Note.—Till after the ablution of the fingers, the hands, when resting on the altar, are placed upon the Corporal; thumb and forefinger joined.

1. Unde et memores.—Stand erect—Hands extended at height of shoulders, palms facing each other—Eves on Missal.

2. De tuis donis.—Join hands before breast.

3. Hostiam I puram Hostiam I sanctam Hostiam I immaculatam Left hand on Corporal—Make three crosses (about nine inches in length each way) slowly over both Chalice and Host.

- 4. Panem-sanctum.—Cross over Host only.
- 5. Calicem + salutis.—Cross over Chalice only.

6. Supra quæ.—Hands are not rejoined, but extended at once, as before.

Supplices te rogamus.—Bow profoundly
 —Hold hands joined and resting on
 edge of altar, tips of little fingers
 touching front edge.

8. Ex hac altaris participatione.—Place both hands flat on Corporal—Kiss altar in centre—Rejoin hands.

9. Corripus.—Left hand on Corporal— Cross over Host only.

San Fguinem.—Cross over Chalice only.
 Omni benedictione F celesti.—Left hand under breast—Sign self with right, distributing words with actions.

12. Per eumdem Christum.—Join hands at breast—Head not bowed.

XVIII. Commemoration of the Dead.

- 1. Memento.—Separate hands slowly, in straight line—Rejoin at In somno pacis—Bow head slightly—Raise hands so that fingers nearly touch face—Eyes fixed on Host during the Commemoration.
- 2. Ipsis Domine.—Raise head—Hands extended as before.
- 3. Per eumdem Christum.—Rejoin hands— Bow head.

Nore. —This is the only occasion on which the head is bowed at these words.

4. Nobis quoque peccatoribus (moderate tone of voice).—Left hand on Corporal—Strike breast with tips of fingers.

5. Famulis tuis.—Hands extended.

Per Christum.—Join hands before breast
—No Amen.

7. Sancti+ficas Three crosses over both Chalice and Host—Left Bene-Hdicis And on Corporal.

8. Et præstas nobis.—Left fingers on foot of Chalice—Remove Pall—Both hands flat on Corporal—Genuflect.

9. Per ip-I-sum
Et cum ip-I-so
Et in ip-I-so
over mouth of Chalice,
not passing rim.

10. Patri + Omnipotenti Spiritus + Sancti Two crosses with Host over Corporal only, between Chalice and edge of altar.

11. Omnis honor et gloria.—Hold Host over Chalice, fingers resting on rim—Raise Chalice a little with left hand.

12. Replace Chalice and Host on altar—Purify fingers over Cup—Rejoin finger and thumb—Cover Chalice with Pall—Left fingers on foot—Genuflect—Hands flat on Corporal.

XIX. Pater Noster.

 Per omnia (clear voice).—Hands flat on Corporal. 2. Oremus.—Join hands before breast—Bow head to Host.

3. Pater noster.—Extend hands—Eyes on

Host.

4. Amen (secretly).—Remove Paten from under Corporal—Wipe with Purificator, which is left on Epistle side.

Libera nos quæsumus.—Hold Paten between fore and middle finger—Edge resting on altar, outside Corporal—Concave part inwards—Left hand flat on Corporal.

6. Da propitius.—Left hand under breast— Sign self with Paten—Kiss inside edge.

7. Ut ope.—Put Paten under Host, using left forefinger to push It into centre—Lean Paten on foot of Chalice.

8. Uncover Chalice—Left fingers on foot—Genuflect—Move Host towards right edge of Paten with left forefinger.

9. Per eumden Dominum.—Hold Host with right hand over Chalice—With finger and thumb of both hands break Host down the centre.

10. Jesum Christum.—Bow head.

11. Qui tecum.—Place right half of Host on Paten—With right hand break off a small piece from other half.

12. In unitate.—Place left half of Host on Paten beside other—Hold Particle in right hand over Chalice.

13. Per omnia (audible voice).—Hold Chalice at knob with left hand, thumb and forefinger in front, other three behind.

14. Pax + Domini sit + semper vobis + cum.—
Three crosses with Particle over
Chalice from rim to rim.

15. Hac commixtio.—Let Particle fall into

Chalice.

16. Jesu Christi.—Bow head.

17. In vitam æternam. Amen. — Purify thumbs and forefingers over Chalice— Cover with Pall—Left fingers on foot—Genuflect.

XX. Agnus Del.

 Agnus Dei (audible voice). — Hands joined before breast, but not touching altar—Body moderately inclined.

2. Miserere nobis.—Left hand on Corporal—Strike breast with tips of last three

fingers.

Note.—While saying the second and third Agnus Dei. the right hand may rest on the Corporal, or be moved slowly to and fro.

In Mass for the Dead the breast is not

struck at Dona eis requiem.

3. Domine Jesu Christe.—Body moderately inclined—Hands joined—Tips of little fingers touching front edge of altar—Eyes fixed on Host.

NOTE. - In Dead Mass the first prayer is

omitted.

4. Panem cælestem accipiam.—Hands flat on Corporal—Genuflect—Move both parts of Host towards edge of Paten between middle and forefuger of left hand.

XXI. Domine non sum Dignus.

1. Domine non sum dignus (moderate tone of voice).—Hold Host and Paten about four inches over Corporal—Left arm not resting on altar—Body slightly inclined—Strike breast with tips of right fingers.

2. Ut intres sub tectum.—Secretly.

3. Corpus Domini. — Stand erect — With right hand take both parts of Host, laying one over the other—Raise Host to height of eyes—Lower again, making sign of cross over Paten.

4. Jesu Christi.—Bow head.

 In vitam aternam. Amen.—Lean elbows on altar—Body inclined—Paten under chin while receiving Sacred Species.

6. Place Paten on Corporal at foot of Chalice—Purify fingers over centre of Paten—Stand erect—Hands joined near face.

7. Quid retribuam.—Left fingers on foot of Chalice—Remove Pall—Genuflect—Take Paten between middle and fore-finger of right hand and gather Particles on Corporal, which may be raised at side with left hand.

8. Hold Paten between middle and forefinger of left hand over Chalice— With right purify into Chalice.

 Calicem salutaris.—Still holding Paten between fingers, rest left hand on Corporal—Take Chalice under knob with the three fingers of right.

 Sanguis Domini nostri.—Raise Chalice till top is on level with eyes—Lower a little, making sign of cross—Left hand with Paten resting on altar.

11. Jesu Christi.—Bow head.

 In vitam æternam. Amen.—Paten under chin—Consume Precious Blood, unico haustu, if possible—Chalice should not be turned upside down while doing so.

XXII. Purification of Chalice.

1. Quod ore sumpsimus.—Paten between fingers, rest left hand in middle of Corporal — Hold Chalice towards Epistle corner, not touching altar—Consume wine with Paten under chin.

2. Place Paten on back part of Corporal, behind Chalice—Holding Chalice with both hands, thumbs and forefingers over Cup, carry to Epistle corner.

3. Corpus tuum, Domine.—Receive wine and water on fingers held over Chalice—Without removing fingers, place Chalice between Corporal and Purificator—Shake fingers slightly over Chalice—Take Purificator with right

hand, place over left fingers, still in Chalice—Dry them while going to middle of altar.

While consuming ablutions, hold Purificator, folded over left forefinger, under chin—Place Chalice in centre of Corporal—Wipe lips with Purificator—Wipe whole of inside of Chalice.

 Place Chalice with left hand outside Corporal on Gospel side—Fold and place Purificator over it—With right put on Paten and Pall.

Fold Corporal with both hands, beginning with fold nearest self—Place inside Burse, which is left flat on altar—Cover Chalice with Veil and Burse, and then place in centre of altar.

XXIII. Postcommunion.

1. Hands joined before breast, read prayers in a clear voice.

Dominus vobiscum.—Hands flat on altar
 —Kiss in centre—Turn round by Epistle side—Eyes cast down.

3. Oremus.—Turn a little and bow head to Cross—Extend hands—Rejoin—Extend again.

Note.—If there is more than one Post-communion, the conclusion Per Dominum is used with the first and last only.

4. Close Missal, with opening towards middle of altar

5. Dominus vobiscum.—Kiss altar in centre.

6. Ite. missa cst.—Hands joined—Eyes lowered.

Benedicamus Domino or Requiescant in pace is said facing altar.

XXIV. Last Gospel.

 Placeat Tibi. — Hands joined — Little fingers touching front edge of altar— Body moderately inclined.

 Benedicat vos.—Kiss altar in centre— Stand erect—Lift eyes to heaven, extend and raise hands, taking care not to exceed width and height of shoulders—Rejoin at breast—Bow head.

3. Pater et Filius.—Hands joined at breast
—Eyes cast down—Turn round by
Epistle side—Left hand under breast,
give blessing with right—Fingers extended and joined.

NOTE.—The lines of the cross should be about nine inches in length.

4. Dominus vobiscum.—Hands joined.

5. Initium sancti Evangelii.—Left hand on altar—With right thumb make small cross on altar, then on forehead, mouth, and breast, left hand being placed under breast.

Note.—If the Last Gospel is read from the Missal, while right thumb makes the small cross on the book, the left hand rests on the Missal also, and is then placed under the breast.

- Et verbum caro.—Genuflect towards corner of altar—Both hands on altar —Book not kissed at end—Close Missal, with opening towards centre of altar.
- De Profundis (in Ireland only) said standing in plano. Prayers after Mass recited kneeling on lowest step, junctis manibus'; but custom would seem to sanction the holding of the Chalice.
- Before leaving altar, profound bow to Cross, or genuflection if Blessed Sacrament is reserved—Put on biretta.

9. While unvesting, kiss cross on Stole, Maniple, and Amice.

 Washing of hands after Mass, though not prescribed by the Rubrics, is commendable.

Note.—Orationem "Obsecto te, dulcissime Domine Jesu Christe," post Missam recitantibus Pius Papa X. defectus et culpas in ea persolvenda contractas indulsit.

APPENDIX

RUBRICS OF MASS WHEN THE BLESSED SACRAMENT IS EXPOSED.

- On reaching altar, remove biretta—Genuflect on both knees—Profound bow.
- 2. Place Chalice on altar—Genuflect—Arrange Chalice.
- 3. Genuflect before going to Epistle side to open Missal.
 4. Return to centre—Genuflect before descending alter
- —Care should be taken not to turn back on Blessed Sacrament while doing so.
- In Nomine Patris.—Genuflect with one knee on lowest step.
- Oramus Te Domine.—Genuflect before saying prayer
 —Kiss altar—Genuflect.
 - Norm. —When going from centre of altar to either side, kiss altar or perform action prescribed, then genuflect.
 - When returning from either side to centre, first genuflect, then kiss altar, etc.
- Dominus vobiscum.—Kiss altar—Genuflect—Move a little to left—Turn half-way round, so that back may not be towards Blessed Sacrament.
- Lavabo inter innocentes.—Descend in plano—Face people while washing and drying fingers—Finish Psalm at Epistle corner.
- Orate, fratres.—Kiss altar—Genuflect—Turn half-way round as at the Dominus vobiscum—Turn back same way without completing the circle.
 - Note, —Server does not ring bell at Sanctus or Consecration.
- Corpus Tuum, Domine, quod sumpsi.—The second ablution is received while standing at the centre, facing Blessed Sacrament as much as possible.
- 11. Ite, Missa est.—Genuflect—Finish the prayer Placeat
 Tibi—Kiss altar—Benedical vos Omnipotens Deus
 —Genuflect—Turn half-round and give blessing—
 Without completing circle or genuflecting, go to
 Gospel corner.
- 12. Last Gospel-Sign of cross not made on altar.
- 13. Verbum caro.—Genuflect, turning slightly towards
 Blessed Sacrament.
- Before leaving altar, genuflect on both knees—Profound bow—Put on biretta—Rise and return to Sacristy.